

# The LEARNING Center



THE UNIVERSITY  
of NORTH CAROLINA  
at CHAPEL HILL

*Study smarter. Read faster. Be your best.*  
[learningcenter.unc.edu](http://learningcenter.unc.edu)

## Academic Coaching

Encouraging you to study  
smarter, not harder.

Meet with a professional academic coach to improve any aspect of your academic life:

- manage your time
- read more efficiently and effectively
- improve your study skills
- become an ace test taker
- take better notes

Your academic coach will combine evidence-based practices with a custom approach to help you thrive. Learn how to set goals, take action, stay accountable, and work toward overall life balance.

## Peer Tutoring

Offering support in many of  
Carolina's toughest classes.

Available on a drop-in basis during the academic year or by appointment during the summer, peer tutoring covers dozens of the most challenging undergraduate courses. Peer tutors are fellow students who assist with concepts from class, homework assignments, and general study questions.

**Tuesdays & Wednesdays**  
6-9pm, Dey Hall

## Study Skills

Increasing skills for improved  
comprehension and efficiency.

Offered frequently every semester, speed reading and study skills workshops allow you to double or triple your reading speed, increase comprehension, and study more efficiently and effectively. You can also work on reading or study skills by appointment with an academic coach or by accessing our online handouts.

## Coaching and Study Groups

Motivating yourself and others  
through peer support.

Enroll in coaching groups and study groups to ensure that you stay engaged and productive. We also offer small-group support for STEM classes through programs such as BioCell.

## Test Prep

Supporting your preparation for  
graduate admissions exams.

We offer a number of resources for test-takers, including test prep study groups, a library of supplemental materials, and individual academic coaching. We also partner with the Princeton Review to provide a deep discount for test prep courses.

## Midterms & Finals Study Camps

Providing an environment for  
productive studying during  
exams.

Hundreds of students join us during our Midterm Madness and Finals Boot Camp study sessions. These popular events offer a space for you to study among peers with numerous resources (and snacks!) at your fingertips to help you stay focused.

## ADHD & Learning Differences

Understanding that everyone  
has a unique learning style.

Students who have ADHD or other learning differences will find many helpful resources at the Learning Center. Work with a specialist to understand your unique learning style, draw on your strengths, and develop new tools and strategies to thrive academically.

### Looking for help with writing?

Visit our partner organization, the Writing Center, for in-person or online consultation.

[www.writingcenter.unc.edu](http://www.writingcenter.unc.edu)

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