



# meals with heels

*Get to know your professors.*

Meals with Heels is a student-initiated program that invites faculty and residents of campus housing to get together for a free meal at a campus dining location of their choice. The intent is to facilitate casual conversations between faculty and students that build relationships and lead to student success.

[housing.unc.edu/mealswithheels](https://housing.unc.edu/mealswithheels)

**Housing**  
& Residential Education

*“I gained a better understanding of who my professor is and created a relationship with him.”*

### What students are saying...

After participating in the program, students report gaining:

- relationships with faculty,
- an understanding of the background of the subjects taught by faculty,
- a better understanding of their professors, and
- insightful out-of-class conversations.

### Not sure what to talk about?

Simply introduce yourself, and be respectful. Ask what you can do to be successful in class, and ask questions such as:

- What sparked your interest in this subject?
- What are some interesting places you have been or would like to go?
- How can I learn more about your research?

### Schedule a meal today!

1. Go to [housing.unc.edu/mealswithheels](https://housing.unc.edu/mealswithheels).
2. View meal card availability online.
3. Contact your instructor and pick an on-campus dining location.

[housing.unc.edu/mealswithheels](https://housing.unc.edu/mealswithheels)